

# Insights Discovery Team Dynamics Programme

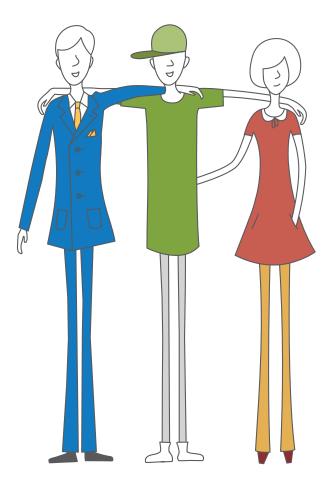
Do you want to develop and foster real team spirit within your organisation? Do you want teams to recognise and value the contribution of each team member? How can your teams work smarter and work together?

## Good teamwork is about relationships

It's about each team member understanding their role and contribution to the group and feeling valued for the part they play in helping the team succeed. When relationships are respectful, valuing and positive, the sky's the limit!

Our Team Dynamics Programme helps team members gain a unique insight into who they are and how relationships can be optimised.

This is achieved by examining individual style, the team dynamic and the various interrelationships between group members. At the heart of the programme is the Insights Discovery learning system.





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#### Programme overview

- The power of perception
- The four colour energies in a team context
- Preferences of CG Jung
- The Insights Discovery wheel
- The Insights Discovery Personal Profile
- Exploration of individual contribution and value to the team
- Disclosure of preferred communication strategies
- Review of team wheel and its implications for group objectives
- Group and individual action planning

Our approach is high-energy, interactive and fun. We also encourage reflection and group discussion to allow a clear team action plan to be developed.

# It's a transformational learning experience for teams.

# Get in touch

To find out how we can help you, contact:<u>support@hrc.co.in</u>

### Summary

- Uses a simple and memorable model to aid individual and group understanding
- Enables the team to quickly understand their strengths and challenges
- Creates a positive, non-threatening environment for discussing differences, challenges and resolving conflict
- Reinforces the message that everyone has a positive part to play in achieving team objectives
- Structured to enable participants to take immediate individual and team action



Insights Discovery eight type Team Dynamics wheel.

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