

Insights into Agility (for individuals and team members)

Why is it important to be agile?

Adaptability and agility have always been essential for human survival, and that applies especially in today's constantly changing business world. We need to consciously cultivate these abilities if we are to effectively *compete, innovate and evolve*.

This need is reinforced by the various global trends which are requiring us to respond in a new agile way: the digital revolution, new technologies and lifestyles, complex organisational structures, a lack of predictability, remote workforces, and increasing virtual relationships. The "traditional" business simply doesn't exist anymore.

"Success today requires the agility and drive to constantly rethink, reinvigorate, react and reinvent." – **Bill Gates**



What is the Insights into Agility programme?

The Insights into Agility programme focuses on the *people side* of agility, and how we can actively cultivate agile and adaptable behaviour as individuals and as team members. It helps people understand what challenges they face and, more importantly, what strengths they have that will build their personal agility.

By focusing on individual behavioural agility, we help people adopt new ways of working and empower them to leverage their strengths to do this.

Insights Discovery forms the basis of the Insights into Agility programme. It can be delivered as part of a follow-up workshop, or can be added to an Introduction to Insights Discovery workshop to hone in on agility as a learning topic.

What will participants learn?

To increase agility as an individual and as a team member, participants will build on the self-awareness gained by Insights Discovery by:

- Exploring why there is a need for agility – generally as well as individually
- Gaining awareness of their own strengths and possible obstacles in adopting a new agile way of working
- Understanding and experiencing the shift of mindset required and its impact
- Defining actions that help them to increase and maintain agility back at work

What are the business outcomes?

By the end of this programme, participants will have a greater understanding of what it means to act in a more agile and adaptable way.

They will be better-equipped to recognise when they need to shift their mindset and adapt their views and behaviours, which will enhance the organisation's ability to cope with, and adapt to, endlessly changing environment.

Contact support@hrc.co.in